

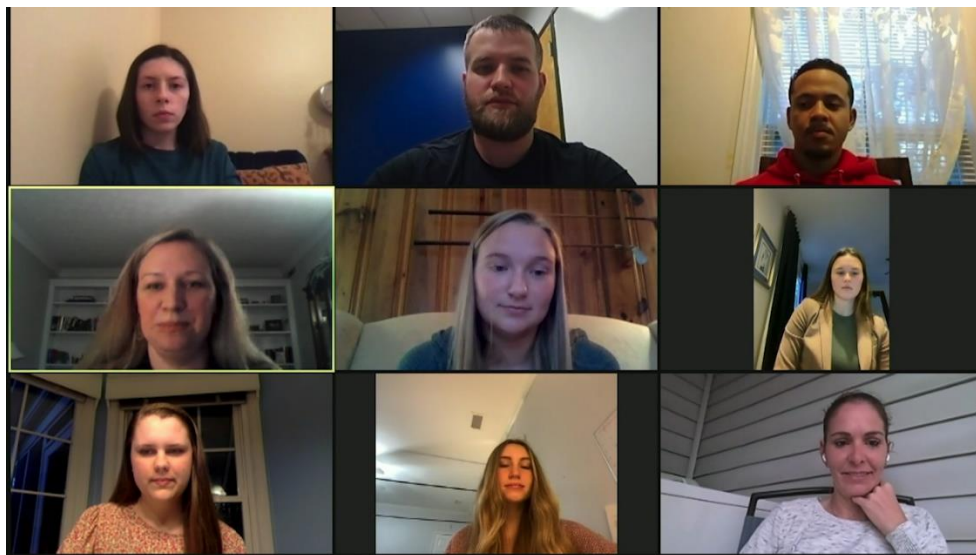


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News Release
FOR IMMEDIATE RELEASE
April 8, 2021

LaGrange Youth Council Hosts Mental Health Discussion, Dr. Kelly Veal and LaGrange College Students Participate in Discussion

LaGrange, Ga. April 8, 2021 – The LaGrange Youth Council is releasing a video to provide answers to frequently asked questions about mental health issues that today’s youth are facing.



Zoom Discussion on Mental Health

Mental Health Professional Dr. Kelly Veal joined LaGrange Youth Council members on a ZOOM discussion along with some of her students at LaGrange College.

The participants in this discussion include the following:

Dr. Kelly Veal – The Veal Group

Joseph Pikula – LaGrange College Student

Melanie Chambers – LaGrange College Student

Steven Cox – LaGrange College Student

Zoie Mitchell – LaGrange Youth Council Chairperson

Mary Frances Smith – LaGrange Youth Council Historian

Addie Eiland – LaGrange Youth Council Member

Milly Criswell – LaGrange Youth Council Member

Louise Dodson – LaGrange Youth Council Member



Dr. Kelly Veal

You can view the video here:

<https://www.facebook.com/LaGrangeYouthCouncil/videos/188188236277531>

“Mental Health has been a major concern for the members of LaGrange Youth Council. We are proud they decided to focus on answering common mental health questions as one of their projects for the year,” said LaGrange Youth Council Advisor Adam Speas. “The youth council invited Dr. Kelly Veal to a Zoom discussion, which was recorded and distributed via the LaGrange Youth Council social media, to help answer some of the questions that many high schoolers today have. We are

proud of this project, and I for one am excited to see what these young people can continue to accomplish in the future.”

Dr. Kelly J. Veal received her PhD in Counselor Education from Auburn University in 2015. She is a Licensed Professional Counselor (LPC), a Certified Advanced Alcohol and Drug Abuse Counselor (CAADC), and a Certified Professional Counselor Supervisor (CPCS). She is also the owner The Veal Group, LLC, a private practice that engages in counseling, coaching, and consulting. Dr. Veal is the Program Coordinator for the Clinical Mental Health Counseling Program at LaGrange College.

More on LaGrange Youth Council: The LaGrange Youth Council is an advisory board composed of local youth that provides advice and counsel to the local governing body. The Youth Council gives local youth a more formal role in the local decision making process offering real world experiences with elected bodies. Twenty-four junior and senior high school students serve on the LaGrange Youth Council.

Mental Health Resources:

National Alliance on Mental Illness – nami.org

Mental Health Resources (MHR) – mhresources.org

American Psychiatric Association – psychiatry.org

Mental Health America – mhanational.org

Georgia Crisis & Access Line – 1-800-715-4225

National Suicide Prevention Lifeline – 1-800-273-8255

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(706) 883-2055

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